



Sensuality Supercharged Bootcamp

3rd to 12th of June 2025

Practice check-list

Done	Date	Practice
	3rd of June	Breast massage 1
	4th of June	Breast massage 2
	5th of June	Visualisation 1
	5th of June	Visualisation 2
	10th of June	Pelvis/belly breathe 1
	11th of June	Pelvis/belly breathe 2
	12th of June	Live Call + Q&A

✨ After the Live Call + Q&A, submit the check-list to me by email and you might win a VIP 1/2 coaching day with me worth over 1000€! ✨

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